

He -OR- She

Spark conversations and laughter with this list based on old wives' tales.

A fetal heart rate above 140 means it's a girl.



Carrying low means it's a boy.



A round and wide belly means it's a girl.



Mild or no morning sickness means the baby is a boy.



Craving sweet and sugary foods indicates a girl.



If mom's skin stays clear while pregnant, she's having a boy.



If mom's hair becomes lifeless and her nails grow weak, she's having a girl.



A pointy and narrow belly is a sure sign it's a boy.



If the father-to-be has gained weight, it's a girl.



If the mom-to-be having headaches? – surprise! It's a boy.

